5445 W Sahara Ave. Las Vegas, Nevada 89146

P: 702-368-0508 F: 702-368-2049



Roper Dollarhide, DC Fawod Majidi, DC Lisa Berger, DC Mathias Backus, DC Khai Nguyen, OMD

CONFIDENTIAL PATIENT CASE HISTORY

WELCOME TO OUR OFFICE!

Please complete this questionnaire as thoroughly as possible. This confidential history will be part of your permanent records and will help us get a better understanding of your overall health. THANK YOU!

Middle Name/ Segundo Nombre:		
Date of Birth/ Fecha de Nacimiento://		
emale Marital Status/ Estado Civil: S / M / D / W		
tate/ Estado: Zip/ Codigo Postal:		
Home Phone/ Teléfono (Casa):		
E-mail/ Correo Electronico:		
e or email? Yes No Please Initial:		
lular o correo electrónico? Si No Please Initial:		
Employer/ Empleador:		
Work / Trabajo:		
Nombre:		
Relationship/ Relaciòn:		
otros?		
on de su visita?		
Acupultura Massage Therapy/ Terapia de Masaje		
Auto InsuranceAttorney Lien		
O IF YOU HAVE HEALTH BENEFITS AVAILABLE THROUGH		
CH INCLUDES LOCAL 226-CULINARY, LOCAL 369-		
AL 720-STAGE HANDS: YES NO		
Relationship/ Relaciòn:		
Group #/ Nº Groupo :		
insurance?YesNo		

If yes, what is the name of your secondary insurance company?

Formulario de accidente de auto

Nombre:	Fecha de accidente:
Por favor describa cómo ocurrió el accidente:	
Por favor Un círculo: auto/ auto auto/ trocá auto/ mot	to auto/ peatonal resbalón y caída
¿Eras el: conductor / pasajero sentado en: frente / detrás del asie	nto trasero del conductor? Sí / No
¿Llevaban a: cinturón de seguridad? ¿Sí/No con un arnés de homb	oro? Sí / No
¿¿Huelga nada impacto? Por favor, indique la zona:	
Sufrieron de: atrás / delantero derecha / izquie	erda
¿Su coche golpeó nada después del impacto? Sí / No ¿qué	?
¿Estaba sorprendido por el impacto? Sí / No	
Donde enfrentaba la cabeza en el momento de impacto: ado	elante/ izquierda / derecha
¿¿Prepárate antes del impacto? Sí /No	
¿Usted se ennegrecen hacia fuera? ¿Perder la noción del tiempo?	¿Sentirse mareado? ¿Vómito?
Siente dolor inmediatamente después del accidente? ¿Sí / No? ¿ا	Donde?
¿Transportaron al hospital? ¿Sí / No ambulancia?	
¿Qué hospital?	
¿Se tomaron radiografías? ¿Sí / No cualquiera las exploraciones? C	CT MRI
¿Dieron medicamento? Sí / No relajante muscular / inflamación /	otros
¿Estaban trabajando en el trabajo en el momento del accidente? S	Sí / No
¿Tratas con cualquier otros médicos antes de llegar a esta oficina?	? Sí / No
¿Estuviste en accidentes anteriores? Sí / No	
Signature:	Date:

CURRENT PRIMARY HEALTH CONCERN

__ Headache Pain/ Dolor de Cabeza

HEALTH COMPLAINTS/ COMPLAINTS DE SALUD

Please check the specific complaints you are experiencing at this time and CIRCLE the location on the diagram. Then rate its severity on a scale of 1-10 with 1 being the least discomfort you have experienced and 10 being the most discomfort you have ever experienced.

Rate Your Pain Intensity:

Neck Pain/ Dolor de Cuello	Current Pain: 0 1 2 3 4 5 6 7 8 9 10
Upper-Mid Back Pain/ Dolor de espalda superior/ Media	At Its Worst: 0 1 2 3 4 5 6 7 8 9 10
Low Back Pain/ Dolor de espalda baja	At Its Best: 0 1 2 3 4 5 6 7 8 9 10
Leg Pain/ Dolor de pierna	Use the Key below to describe your type of pain &
Arm Pain/ Dolor de braso	location:
_Other/ Otro:	A= ACHING/ DOLOR B= BURNING/ ARDIENTE D= DULL/ DOLOR LEVE N= NUMBNESS/ ENTUMIDO P= PINS AND NEEDLES/ ALFILERES Y AGUJAS S= SHARP OR STABBING/ DOLOR AGUDO T= THROBBING/ PUNSANDO X= SHOOTING/ DOLOR RADIANTE Z= SPASMS/ ESPASMOS O= OTHER/ OTRO:
Vhat is your main symptom? ¿Cual es su principal sintoma?	
How long have you had this condition? ¿Cuanto tiempo ha tenido esta co	
What do you think caused this condition? ¿Que piencas que causo el prò	olema?
Over time, is this condition: (Circle One)/ Con el tiempo, esta condición	(Circule Uno):
Improving/ Mejorando Unchanged/ Sin Cambios	Getting Worse/ Cada vez peor
Is this condition interfering with your/ Esta condicion interfiere con su	(Check all that apply)
Work/ TrabajoSleep/ DurmiendoExercise/ Ejercic	oDaily Routine/ Rutina Diaria
MEDICAL HISTORY	
Have you had in the past or currently have any of the following: (Chec	k all that apply)
Arthritic Conditions Cancer	Diabetes
Heart Problems High Blood Pressure	Vascular Condition
Lung Problems Usual Childhood Disease	s Unusual Childhood Diseases
Low Back Pain Upper/ Mid Back Pain	Neck/ Shoulder Pain
Allergies: Explain?	
Surgeries: Explain?	

To comply with the federal standards for healthcare, please answer the following questions:

Preferred Language:		
EnglishSpanishChineseGreen	eekOther:	
Smoking Status? Current Every day Smoker Current Some Day Smoker Former Smoker Never Smoked	Are you currently taking any medicatio Not currently prescribed any medicati Yes. Please list all medications below Name:	ons
Current Height:ftin.	Name:	Dosage:
Current Weight: lbs. Have you recently lost or gained more than 10 lbs.? Yes No	Name: Do you have any allergies to medication? If so, please list:	Yes No
Consent to X-ray I hereby authorize The Pain Clinic Staff and whomever and release The Pain Clinic from any and all liability. For Female Patients: Are you currently pregnant?		tants to take X-rays,
Print Name:		
Patient Signature:	Date:/	/
Authorizati I certify that I have read and understand the above in been accurately answered. I understand that provide health. I authorize The Pain Clinic to release any it examination rendered to me or my child during the practitioners only. I authorize and request my insurar insurance benefits otherwise payable to me. I under actual bill for services. I agree to be responsible for authorize the use of my Signature On File for all insuresponsibilities, I am fully responsible for all collection attorney fees associated with the collection/s of any of	ing incorrect information is unlawful and mainformation including the diagnosis and recorperiod of such chiropractic care to third parace company to pay directly to the chiropractic restand that my chiropractic insurance carrier payment of all services rendered on my behaviorance submissions. I understand that, should ion fees, travel expenses, interest charges, fil	ay be dangerous to my rds of any treatment or ty payers and/or health or or chiropractic group may pay less than the alf or my dependants. I I not meet my payment
Print Name:		
Patient Signature:	Date:/	/

Consent For Treatment Of Minor Child

Lacknowledge that Lam the parent, guardian or custor	odian of, age,
and do hereby authorize, request and direct the doctor diagnostic x-rays, and any treatment that is in their be understanding of the undersigned that the physicians a	r's office as shown above, its doctors and staff to perform examination est judgment, which is deemed advisable or required. It is the and their staff will have full authority from me as legal parent/guardia reatments as will be needed while the listed minor shown above is under
As legal parent/guardian, I understand that I will be fu and/ or all charges that the insurance company will no	fully responsibility for all charges and payments due at time of service, ot pay under my covered plan.
Parent/ Guardian Name:	
Parent/ Guardian Signature:	Relationship to Patient:
Acknowledgement of Ro	eceipt of Notice of Privacy Practices
and agree to the Notice of Privacy Practices of The Pa regarding the use and disclosure of any of my Protected also authorize The Pain Clinic to send correspondence	
Print Name:	
Patient Signature:	Date:/
<u>FOR</u>	R OFFICE USE ONLY
The practice has made a good-faith effort to obtain an ack Receipt of our privacy practices. In spite of these efforts, for the following reasons:	knowledgement of the practice has been unable to obtain a signed acknowledgement of receipt
Patient Unavailable Patient Physica	ally Unable Patient Unwilling
In an effort to obtain the patients acknowledgement, the p the following manner:	practice has attempted to provide patient with a notice of privacy practices in
Personally Mail	Phone Other:
In an effort to obtain the patients acknowledgement of	, the patient
has refused to sign the stated documentation for the follow	wing reason(s):
	Date:/
D' 4 IN	Date:/
1 I IIIICU I VAIIIC.	



Cancellation Policy

No Show/ No Call Appointments

We understand that there are times when you must miss an appointment due to emergencies or obligations for work or family. However, when you do not call to cancel an appointment, you may be preventing another patient from getting much needed treatment or care. Conversely, the situation may arise where another patient fails to cancel and we are unable to schedule you for a visit, due to a seemingly "full" appointment book.

If an appointment is not cancelled at least 24 hours in advance you will be charged a \$25.00 fee; this will not be covered by your insurance company.

Scheduled Appointments

We understand that delays can happen however we must try to keep the other patients and doctors on their scheduled time as a courtesy to everyone.

If a patient is 7 minutes past their scheduled appointment time we will have to reschedule the appointment based on availability.

By signing this document, I fully understand the policy stated above.		
Patient Name:		
Patient Signature:	Today's Date:	



BUSINESS POLICIES/INFORMED CONSENT-PLEASE READ CAREFULLY!

We have recently updated our disclosures and informed consent forms to further clarify our business policies and practices. Please read all updates below. If you have not done so, we kindly ask that you please update your health history/informed consent with our front office.

POLICY DETAILS

Therapist Training & Experience / Limitations of Massage Therapy

All of the massage therapists working at The Pain Clinic have completed a minimum of 550 hours of massage training from a state-approved school and passed the state licensing requirements. Massage therapists at The Pain Clinic are knowledgeable in sports massage, deep-tissue, trigger point, stretching and myofascial techniques. Massage therapists do not diagnose medical diseases or musculoskeletal conditions. **Massage therapy is not a substitute for medical examination and/or treatment.** Massage therapists do not prescribe herbs or drugs, including aspirin or ibuprofen, or medical treatments. They do not perform spinal adjustments and they cannot counsel patients about emotional or spiritual issues as would be provided by a mental health professional or spiritual leader. **If you are experiencing symptoms that lead you to believe you may have a medical condition, it is recommended that you visit a physician for diagnosis and treatment.**

Expectations and Rights

The patient is expected to demonstrate good hygiene and not use illegal drugs or alcohol before the session (the use of drugs and alcohol make it unsafe for a client to receive massage). Patients and therapists are expected to refrain from any behavior of a sexual nature, including sexual jokes, nicknames, or immodest conduct. Sexual behavior from the therapist toward a patient is grounds for therapist termination and may lead to a formal complaint filed with the state board of massage. This may lead to the loss of the therapist's license. Sexual behavior from the patient toward the therapist is inappropriate and will lead to the termination of the session and refusal of further service. The patient has a right to prompt, professional service in an environment that is clean, private, and safe. Patient information is not shared with any patrons of the public or other health-care providers unless the patient releases the information in writing. A court of law may order the patient's healthcare records released to the court as part of a legal proceeding. Therapists are obligated to report information about the abuse of a child, elderly person, or mentally or physically challenged person in the event that such information is related during the session. Therapists are obligated to report threats of self-harm, or threats that the patient plans to harm another person, to authorities. The patient has the right to end the session at any time should they feel dissatisfied or uncomfortable with the session in any way. Patients who are dissatisfied with a therapist are encouraged to contact the clinic office manager or company president, Dr. Roper Dollarhide.

Formal complaints can be filed with the state on their website: http://massagetherapy.nv.gov/

Your Massage Session and Adverse Massage Reactions

After you complete the health intake form, the therapist will take you to a private treatment room and discuss your goals for the session. The therapist will customize the massage to meet your specific needs within the limits of his or her training and scope of practice. The therapist will then leave the room while you undress and position yourself under the drape on the massage table. Only the area being massaged at the time is undraped as the session proceeds. The breasts, genitals, and anus are never undraped during a session, and every effort is made to respect and protect both the patient's and therapist's modesty. You may leave on your underclothing if you prefer. While the therapist will ask you a few questions—for instance, about the comfort of the stroke pressure, room temperature, or choice of session music—and you should let the therapist know immediately if you are not comfortable, other conversation during the session is generally discouraged. Silence allows you to focus and take full advantage of the session. Massage may lead to adverse reactions in certain situations or when used with certain conditions or medications. The massage therapist will evaluate your health-history intake and may ask you questions in order to make sure it is safe for you to receive a massage. In the event the

massage therapist is uncertain that massage will be of benefit to you, he or she may ask you to provide a note from your physician stating that it is safe for you to receive massage. Please provide complete details of medical conditions and medications to your massage therapist in the beginning of your session. Failure to inform the massage therapist of all medical conditions and medications may place you at increased risk for adverse reactions.

Business Policies and Practices- 24 HOUR CANCELLATION POLICY!

You may book a 30, 60 or 90 (approval needed for 90 minutes) minute massage session. The Pain Clinic accepts cash, as well as all major credit cards and requires that all guests have a valid/current picture id that matches the name on the credit card provided. We do not bill insurance companies for services unless it is a covered benefit per our provider contract. The first session may require a slightly longer intake process, so new patients please share as much info as possible on your health form as well as any special requests, likes/dislikes, etc. to expedite your first visit. **Patients arriving late will still be charged for the full session time booked and the session will end promptly at the scheduled time. Patients must cancel sessions with 24 hours notice or pay the \$25 late cancellation fee which is NOT covered by any insurance.** Business hours are Monday, Wednesday and Fridays 9:00am-5:00pm, Tuesday and Thursdays 9:00am-7:00pm and Saturday 9:00am-12:00pm. Walk-in appointments are accepted if therapists are available. We are located at 5445 W. Sahara Avenue, Las Vegas, Nevada 89146. Children and teens are welcome, but an adult guardian must be present with those under the age of 15 in the treatment room throughout the entire session.

INFORMED CONSENT

INFORMED CONSENT detailed by The Pain Clinic, and I would like to receive a massage session or request a session for my child or dependent. I understand that a copy of these policies is available to me at any time by request and also located on The Pain Clinic website www.painclinic-lv.com. I understand the benefits and limits of massage therapy and understand massage may cause adverse reactions in certain situations. If I experience any discomfort during the session, I will immediately inform my therapist so he or she can modify the massage strokes. I understand massage therapists do not diagnose diseases or conditions, prescribe medications or treatments, or perform spinal adjustments. I recognize that massage therapy is not a substitute for medical treatment and should I need medical treatment, I will seek out the appropriate healthcare professional (physician, psychotherapist, chiropractor, etc.). I understand that it is my responsibility to keep the massage therapist informed of changes in my (or my child's or dependent's) health status, diagnosed medical conditions, and medication. I understand that failure to inform the therapist of these changes may place me (or my child or dependent) at greater risk of adverse reactions to massage. I release the massage therapist of any liability if I fail to disclose the appropriate health-related information. I understand that The Pain Clinic will charge a \$25.00 fee for cancelling less than 24 hours prior to my scheduled appointment time or if I no call/no show. I understand that any sexual advances, innuendo or inappropriate touch is EXPRESSLY FORBIDDEN!

Please sign and date below for acknowledgement of receipt of our new policy and consent form. If you have any questions, please feel free to speak with one of our office staff or practice physicians.

Patient Name:	Today's Date:
Patient Signature (Legal Guardian):	

Re:

Updated Disclosures and Informed Consent

December 01, 2020



Roper Dollarhide, D.C. Carlos Mantaras, D.C. Lisa Berger, D.C. Clayton Johnson, D.C. Khai Nguyen, O.M.D.

AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS

PATIENT NAME:	DATE:
DATE OF BIRTH:	SSN:
ADDRESS:	
I authorize	
To furnish all medical records and other documentation regard	ing my healthcare to:
NAME: THE PAIN CLINIC	PHONE: 702-368-0508
ADDRESS: 5445 W SAHARA AVE, LAS VEGAS, NV 89146	FAX: 702-368-2049
I understand these records may contain information from other healt are administrative in nature. I specifically consent to the release of a that may relate to my medical conditions and/or other related conditions.	ny information contained in the medical records
I understand that I may revoke this authorization at any time by giving revoked earlier, this authorization with terminate two years from the	
I understand that if the person or entity receiving this information is by federal privacy regulations, the information described above may HIPAA Privacy regulations. However, the recipient may be prohibit other applicable state and federal laws and regulations.	be disclosed and no longer protected by the
I understand that you have no responsibility for the use or distribution released. I release you from all liability that may arise from your contauthorize you to transmit this information by facsimile transmission faxed records is the responsibility of the recipient.	mpliance with this request to release records.
PATIENT/LEGAL REPRESENTATIVE	SIGNATURE DATE
WITNESS	
IF NOT SIGNED BY THE PATIENT, LIST RELATIONSHIP OF LEGA	AL REPRESENTATIVE HERE

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Roper Dollarhide, DC Carlos Mantaras, DC Lisa Berger, DC Clayton Johnson, DC Khai Nguyen, OMD

Medical Lien

Attorney/ Law Firm:	Fax: (_)
I, the undersigned patient (or legal guardian of a minor), grupon the recovery of any and all proceeds from any somedical services rendered to me or the minor, for treatment condition(s) (hereafter "treatment") that I or the minor has that occurred on or about the date set forth below (hereafternish my attorney with a full report of the examinations treatment from this incident. I hereby notify and authorize y unpaid amount due for services rendered.	ource obtained through se nt of injuries sustained or the ve indicated, believe or did ter "incident"). I further aut diagnoses, treatments, prog	externet, judgment, for any e exacerbation of any medical in fact arise out of an incident thorize the medical facility to gnoses, as well as billings for
I understand that apart from this lien, I am directly and fu submitted by it for services rendered, even for bills incurrage of majority, for which I may be required to make a lum facility. This lien is made solely for said medical facility awaiting payment. Except as otherwise provided below, I satisfied. I agree that the statute of limitations of my obligate medical facility is awaiting payment by way of this lien contingent upon any settlement, judgment, or verdict that the	ed for the minor (as indicated p sum or periodic payments, ity's additional protection, intend for this lien to continution to pay is tolled and do a. I further understand that the	ed below) who may reach the at the election of the medical and in consideration of its nue until all charges have been been not begin to run while the he payment of services is not
Except as provided below, I agree never to rescind this lie minor or me the right to rescind it. However, if my first attalien to the medical facility within 10 (ten) days of receipt withdraws, resigns, is released by me, or substituted by an for injuries arising from this incident, then the Irrevocable A facility supersedes this lien and takes immediate effect. Alte the Assignment of Proceeds supersedes this lien and takes promptly notify medical facility of any change of my address	orney does not promptly sign of this lien, or if the first other attorney) no longer repassignment of Proceeds that learnatively, if an attorney modified immediate effect when the results of the state	n, acknowledge and return this attorney for any reason (e.g., presents me or the minor child I have signed with this medical lifies this lien in any way, then modification occurs. I agree to
To my attorney: Please acknowledge this medical lien b office.	y signing below and return	ning it to the medical facility's
Date of Incident: Pri	nt Name	
Today's Date: Sig	gnature of Patient or Legal G	uardian of Minor
I, the undersigned attorney, state that I am the attorney of re of this lien; and I agree to observe its terms by withholding owed to the medical facility, for their compensation or benef I discontinue representation of this patient/client, and to (2 incident a copy of this lien, along with all of the medic possession. In the event this lien is litigated, the prevailing p	the sums from any settlement. I also agree to promptly (2) provide any subsequent a al facility's records and bill	nt, judgment or verdict that are 1) notify the medical facility if attorney of the patient for this lings in my or my law firm's
Attorney Signature	Signature Dat	te

Please sign, date and return one copy to medical facility's office within 10 days after receipt. Also keep one for your records.

OFFICEFINANCIAL POLICY

Your understanding of our financial policy is an essential part of your care and treatment. If you have any questions, please don't hesitate to discuss them with our office staff.



- As a courtesy we will contact your insurance carrier to verify your coverage, but this is only an estimate of what the insurance company will pay until we receive an actual payment. It is not a guarantee of payment.
- Your insurance policy is a contract between you and your insurance company. Also as a courtesy, we will file your insurance claims for you if you assign benefits to the doctor. In other words, you agree to have your insurance company pay the doctor directly.
- We are glad to assist you in billing your insurance, but you are ultimately responsible for full payment.

 Patients are encouraged to contact their carrier for clarification of benefits prior to services being rendered. You are considered a cash-based patient until we verify and determine the extent of benefits under your policy.
- Due to frequent erroneous information given to us from insurance carriers and the frequent difficulty in collecting payments from the carrier, we may ask for active assistance from you in rectifying the situation.
- All payments are due at the time of service. No personal balance is to exceed \$100. We accept cash, checks, care credit, and most major credit cards.
- All deductibles and co-payments are due at the time of service or by an authorized payment plan. Most insurance does not cover 100% of services rendered. Because of this and the delay in payment common with insurance carriers, you will be asked to pay your deductible and your portion of your charges the day the service is rendered.
- After 90 days, any outstanding balances will be due in full by you. Balances over 90 days past due will be charged at a 1.5% monthly (18% annual) interest rate.
- You must inform this office of all insurance changes and referral requirements. In the event the office is not informed or the proper referral was not obtained by you in advance, you will be responsible for any charges denied by your insurance carrier as a result of not informing us or not obtaining the authorized referral.
- Insurance is designed for sick care and only reimburses for services that are deemed "medically necessary" according to their guidelines. In many cases, most insurance companies do not cover preventative care and health maintenance care and therefore may not be reimbursable.
- Non-compliance with a prescribed treatment plan may jeopardize insurance reimbursement. If you discontinue care or suspend care for any reason other than discharge by the doctor, any fees for professional services will become immediately due and payable in full by you, regardless of any claim submitted.
- There is a service fee of \$25 for all returned checks. Your insurance company does not cover this fee.
- Past due accounts (those over 120 days) are subject to collection proceedings, which may affect your credit.
 All fees including, but not limited to collection fees, attorney fees and court fees shall become your responsibility in addition to the balance due this office.

Keep this copy for your information.



APPOINTMENT POLICY

We want to thank you for choosing us as your chiropractic healthcare provider. We understand that your time is as valuable as ours. Because of this, it is our goal to provide to you with our highest quality care in the most cost effective and efficient manner. An understanding of our appointment guidelines is essential for a healthy relationship.

Advanced Multiple Appointments: As you know, healing takes time. Your care will likely require repeated visits as your body progresses through the healing process. As a means of reducing your costs and improving efficiency, advanced multiple appointments are recommended in order to limit your time in our office by reducing the need to schedule visit-by-visit with the front desk staff. Any deviation from the prescribed treatment schedule may potentially jeopardize insurance reimbursement.

<u>Rescheduling Appointments:</u> Please remember that we have reserved appointment times especially for you and that your appointments are "written in pencil", meaning that it is okay to reschedule if something unexpected arises. Please let us know at least 24 hours in advance of the need to reschedule an appointment. Giving us advance notice will allow time to fill in that appointment with someone else who needs it.

<u>Cancelling Appointments:</u> Please let us know at least 24 hours in advance of the need to cancel an appointment. This will enable us to offer your cancelled time to other patients that desire to get their treatment completed. Canceled appointments will be recorded in your medical record.

Missed Appointments "No-Show": An appointment that is missed without at least a 24-hour advance notice to cancel or reschedule, is considered a missed appointment. It is the policy of this office to assess a \$25 missed/ no-show appointment fee. One missed visit will not result in the assessment of a fee, but you will be charged for any additional missed visits after your second missed appointment. This clinic provides care for many individuals and missed visits result in time lost that could have been used to provide care for others. This fee is not reimbursable by any insurance plan and therefore you will be responsible. Missed appointments will be recorded in your medical record.

<u>Arriving Early:</u> You are more than welcome to arrive early for any appointment; however, you will be seen by the doctor at your reserved appointment time.

<u>Arriving Late:</u> If you arrive more than 7 minutes after your scheduled appointment time you will be worked into the schedule at the next available time slot in order to honor the appointment times of others.

<u>Walk-In Appointments:</u> As a patient of our clinic, we do accept walk-ins based on availability. You are welcome to come in at any time during our office hours and we will do our best to fit you in the schedule. We are obligated to get our scheduled patients back to see the doctor first based on their appointment time. We encourage you to call and schedule an appointment in advance to avoid any wait time if you choose to walk in without a scheduled appointment time.

Open Door Promise: We understand that life can get busy. So if at any time you get "side-tracked" and decide to put your healthcare on hold, please know that you are always welcome back at any time. Our door is always open to you whenever you decide to start again.

Keep this copy for your information.

